



May 7 - 13, 2021

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## Golf Course - Now Open!

Experience challenging terrain and magnificent views at Seven Springs' par 71 mountaintop golf course. Tee Times are required. Please call 866-437-1300 to reserve your space.

**Hours:** Open Daily, 8am - Dusk

### Seven Springs Golf Rates

	18 Holes	9 Holes
Now - May 15	\$46	\$35



## THINGS TO DO

### Trillium Spa - ext.7123



Ideal for first-time and veteran spa-goers, Seven Springs Trillium Spa is a sanctuary unlike any other. Spa services include Massage, Couples Treatments, Manicures, Pedicures, and more!

Reservations are required.

**Hours:** Fri., 10a - 6p; Sat., 9a - 6p; Sun - Thur., 10a - 5p

### Manicure Monday - Now through December 13

Purchase a Manicure and take 50% off a Pedicure! Plus all other spa services are 50% off the same day as well. Please mention Manicure Mondays when making your reservations.

More info at <https://www.7springs.com/resort/trillium-spa/>

### Trillium Salon

Looking for a quick trim or hair style for a special event? Trillium Salon offer hair services for women, men and children, as well as bridal make up consultation and application.

**Hours:** Sat., 9a - 5p; Call ext. 7123 for an appointment.

## Take A Hike!

Enjoy the finest outdoor experience around at Seven Springs Mountain Resort! Hiking is one of the most healthy and environmentally-friendly ways to have fun! Whether you're looking for solitude or a way to reconnect with family, escape the "real world" and immerse yourself in nature's splendor and tranquility on our miles and miles of hiking trails.

Download the Hiking Trail Guide at

[7springs.com/summer/hiking-mountain-biking/](https://7springs.com/summer/hiking-mountain-biking/)



## Sporting Clays



What is sporting clays? Patience. Precision. But mostly exhilaration! Unlike trap and skeet, sporting clays targets are thrown in a great variety of trajectories, angles, speeds, elevations and distances, which simulates actual hunting conditions.

Seven Springs Sporting Clays complex features three courses, two standard courses and one super sporting course, with multiple stations.

**Hours:** Open Daily. To better serve our shooters, reservations are required at all times. Call ext. 7899 to make reservations.

## Fly Fishing & Fish for Fun

The peaceful private waters of Seven Springs Mountain Resort provide fishers of all abilities with incredible opportunities. Here at Seven Springs, you will experience world class fishing, while creating memories to last a lifetime.

Fishing permits are required and can be purchased at the Sporting Clays Lodge or Hotel Front Desk. Call ext. 7899 for more information.

**Hours:** Call ext. 7899 for more information.

## Where Are You Dining?

### Slopeside - ext.6000

Open for breakfast, lunch and dinner! With it's amazing views, Slopeside Restaurant at Seven Springs features a casual, relaxed, family-friendly atmosphere to dine and enjoy the mountains. Located on the fourth floor of the Main Lodge, near Center Lobby

**Hours:** Fri., 4-9p; Sat., 7a - 2p; Sun., 7a - 3p; Mon. - Thur., Closed

### Helen's - Reservations Required. ext.7827

With distinct, authentic culinary creations and a rustic atmosphere that will take you back in time, Helen's Restaurant meets even the highest expectations. Located adjacent to the Ski Lodge.

**Hours:** Fri. - Sat., 5-10p; Sun., 1-4p; Mon. - Tue., Closed; Wed. - Thur., 5-9p

### Bavarian Lounge - ext.7021

The original barroom at the resort features a brand new look with the same cozy feel. Grab a craft beer, nosh on Chef's delectable bar food creations, devour the nostalgia.

**Hours:** Fri., 7a - 10p; Sat., 11a - 11p; Sun., 11a - 9p; Mon. - Thur., 7a - 9p;

### Mountain Pizza - ext.7635

Indulge in our fresh hot-out-of-the-oven pizza with your choice of toppings. Or try one of our hoagies, grinders or wraps! Located on the fourth floor, Main Lodge.

**Hours:** Fri., 4-10p; Sat., 12-10p; Sun. - Wed., Closed; Thur., 4-9p

### Grille at Sporting Clays - ext.7110

The menu offers a variety of appetizers, sandwiches, entrées and desserts ranging from truly classic American to the completely unexpected.

**Hours:** Fri., Closed; Sat., 11a - 9p; Sun., 11a - 5p; Mon., Closed; Tue. - Wed., 11a - 5p; Thur., Closed

### Tee Top Lounge - ext.7143

Before, during or after your round of golf, stop up at the Tee Top Lounge to enjoy a sandwich, beverage and incredible views of the Laurel Highlands.

**Hours:** Open Daily at 10a

*Hours subject to change due to weather and tee times.*

## HOURS OF OPERATION

Season Pass Office	Daily, 9a - 4p
Sporting Clays	Open Daily, Reservations Required. Call Ext. 7899
Bear Trap Fun Zone Game Room	Fri. & Sat., 12-10p; Sun., 10a - 6p; Mon. - Thur. Closed
Bowling	Fri. & Sat., 12-10p; Sun., 10a - 6p; Mon. - Thur. Closed
Hot Tubs	Fri. - Sun., Reservations Required. Call Ext. 7724
Indoor Pool <i>Open to Hotel &amp; Lodging Guests Only</i>	Fri. - Sat., 12-10p; Sun., 10a - 6p Mon. - Thur. Closed <i>Day Guest passes are not available.</i>
Miniature Golf	Fri. & Sat., 12-10p; Sun., 10a - 6p; Mon. - Thur. Closed

*\*All hours are subject to change without notice and are weather permitting.*

## SHOPPING



### Signature by Seven Springs

Featuring a wide array of Seven Springs branded men's, women's and children's apparel, novelty items, artwork and more! Located on the fourth level of the Main Lodge.

**Hours:** Fri., Closed; Sat., 9a - 4p; Sun., 9a - 3p; Mon. - Thur., Closed

### HIGHLANDS MARKET

The Highlands Market is a boutique country market offering local artisan products and features the freshest meats, cheeses, breads, specialty items and anything else you would need during your stay.

The market proudly offers delectable prepared foods created by our culinary team to take back to your cabin or condo or enjoy in our cafe.

**Order your favorite sandwich to go by calling 814-352-2046.**

The Market also features a wide selection of wine and beer.

The Highlands Market is located less than one mile west of the Main Gate of Seven Springs Mountain Resort on County Line Road.

**Hours:** Fri.- Sat., 8a - 8p; Sun. - Thur., 8a - 4p



The following food and beverage locations are not open this week:

Gingerbread Dreams, Mountain Perk and Mountain Perk Express  
We apologize for any inconvenience.



## Season Pass Office

Season Passes for the 2021-2022 season are on sale now! Purchase before May 8 for the most savings and bonus incentives.

Purchase your winter season pass now at

[7springs.com/tickets-passes-rentals/season-passes/](https://7springs.com/tickets-passes-rentals/season-passes/)

You can also purchase your Golf, Fishing or Sporting Clays Memberships for the 2021 season too!

**Hours:** Daily, 9a - 4p

## UPCOMING EVENTS

### Kids' Fishing Clinics

**When:** Saturdays, from 9a - 12p

**Cost:** \$20 per child. Advance online registration is required at [7springs.com/events](https://7springs.com/events)

**About:** The Kids' Fish for Fun Clinic is the perfect way to get your kids into the Great Outdoors and rods and lures are provided by our team!

### Mother's Day Brunch

**When:** Sunday, May 9 from 11a - 3p

**Reservations:** Advance online reservations are required at [7springs.com/events](https://7springs.com/events)

**About:** Celebrate Mother's Day with a fabulous served four course brunch created by our culinary team in the Slopeside.

### Mother's Day at Helen's

**When:** Sunday, May 9 from 1p - 4p

**Reservations:** Advance reservations are required by calling 814-352-7777, ext. 7827

**About:** Celebrate Mother's Day at Helen's with your family and enjoy the special five course dinner prepared by Chef John Kradel and the Helen's culinary team.

### Kids' Mud on the Mountain

**When:** Saturday, August 14

**Registration:** \$50 - \$60 | Registration will be available soon at [7springs.com/events](https://7springs.com/events)

**About:** Kids, it's your turn to take on Mud on the Mountain and play in the mud without getting in trouble with your parents! The course is based upon the highly-popular grown-up Mud On The Mountain as it shares many of the same obstacles, some scaled down versions of classic obstacles, and some new fun features.

### Mud on the Mountain

**When:** Saturday, September 4

**Registration:** \$85 - \$95 | Registration will be available soon at [7springs.com/events](https://7springs.com/events)

**About:** Mud on the Mountain offers athletes a chance to get down and dirty atop the beautiful Laurel Highlands. The course winds its way up, down and through some of the most challenging terrain in Pennsylvania.

GET YOUR '21-'22  
SEASON PASS  
TODAY!

SALE EXTENDED  
THROUGH MAY 8

THE HIGHLANDS  
& SEVEN SPRINGS  
PASS ARE NOW ONE

20-21 PASSHOLDERS, RENEW  
YOUR PASS BY MAY 1 & GET A  
FREE GIFT CARD  
WHEN YOU PAY IN FULL, IN A SINGLE TRANSACTION

FULL PASS:  
\$50 7S GIFT CARD  
MIDWEEK PASS:  
\$25 7S GIFT CARD

SALE EXTENDED  
THROUGH MAY 8

This offer is not valid for super senior (age 70-79),  
age 5 and under, age 80 and up, new passholders  
or those utilizing the Payment Plan option.



PLEASE PURCHASE ONLINE.  
VISIT [7SPRINGS.COM](https://7springs.com) OR SCAN TO BUY!

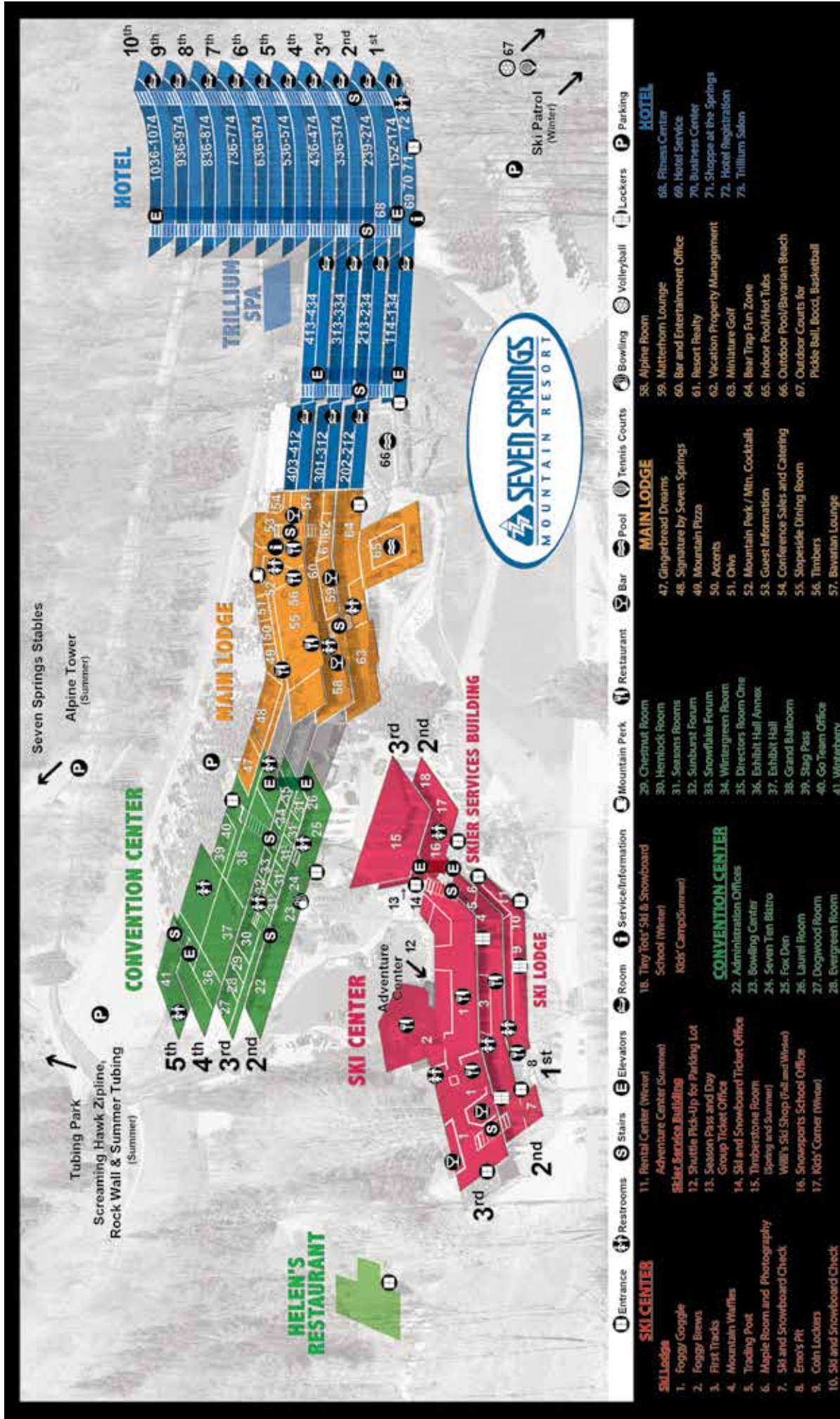
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In response to COVID-19, Seven Springs Mountain Resort has instituted a variety of new policies and procedures designed to protect the health and safety of its guests and resort professionals. Seven Springs will continue to comply with all Pennsylvania Department of Health and State mandates regarding closures, health and well-being protocols and following all Center for Disease Control and Prevention (CDC) guidelines regarding cleaning and disinfecting as well as social distancing.

**To Read More About Our Clean & Safe Guidelines,  
please visit [7springs.com/clean-and-safe](https://7springs.com/clean-and-safe)**